



Proudly part of



Supporting
Education
Group

We're using Thrive!

The Thrive Approach supports children and young people's social and emotional development. It helps adults to understand and respond to pupils' needs, so they feel safe, supported and ready to learn.

How it WORKS



Trained practitioners assess pupils' social and emotional skills and make action plans to support their needs.



Thrive strategies focus on building strong relationships and providing positive experiences. They can be used with whole classes and small groups, or in one-to-one sessions.

The IMPACT of Thrive

By using Thrive strategies and activities, schools help young people to:

- Feel safe and secure in school
- Recognise and manage their feelings
- Improve their emotional wellbeing
- Build their self-esteem and confidence to learn
- Think before behaving in a certain way

Schools that adopt the Thrive Approach see calmer classrooms with **fewer disruptions, improved attendance, reduced exclusions** and **better outcomes** for pupils.

Want to know more?

Speak to your school's Thrive Practitioner
or visit thriveapproach.com