

APRIL 2025

Upcoming CPD

01

APR

Selling fast!

How to talk to children about difficult topics

Gain practical tools and strategies to navigate sensitive conversations with children. Develop key speaking and listening skills, explore emotional triggers, and learn how to stay regulated during difficult discussions.

[Book your place >](#)

03

APR

Supporting pupils who have experienced trauma

Guest speaker: Amy Sayer – Mental Health Trainer & Keynote Speaker in Education

Learn how to create a trauma-informed school environment. This session covers trauma awareness, recognising behaviours, and practical strategies for support.

Sold out

09

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24

APR

Softening the prickles

Discover how psychological defences affect relationships and leadership. Using the cactus metaphor, explore self-awareness, emotional regulation, and strategies to help yourself and others thrive.

[Book your place >](#)

22

APR

Supporting a positive transition into primary school

Explore the neuroscience behind transitions to better support young children through this key milestone. Ideal for Thrive Practitioners in both early years and primary settings.

[Book your place >](#)

30

APR

Relate, Create and Play

Guest speaker: John Quinn – Trainer, Mentor & Coach

Learn how to foster creativity and emotional resilience in young people through play-based approaches. Gain insights into building relational, engaging learning environments. Perfect for Thrive Licensed Practitioners from primary and secondary settings.

[Book your place >](#)

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